## **Duke Dermatology**

News from the Department of Dermatology | Duke University Medical Center

Spring 2023



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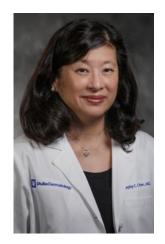
For questions, comments, or to add your name to our mailing list, please scan the QR Code below



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## Message from the Chair



Dear Duke Derm Friends and Colleagues,

Thank you for spending some time in reading this annual newsletter as we reflect upon our past year. We continue on a growth trajectory while preserving the best parts of the past.

Our clinical footprint continues to grow as we open a new floor at Patterson Place and look to open Dawson Hall in the early summer. Our teledermatology service has also grown from 4 initial pilot referring sites to over 22 primary care referral sites, pediatrics, and urgent care. We have added 4 new faculty members (Bahar Bahrani, Emily Cole, Samantha Polly, and Melodi Whitley) and 4 advanced practice providers (Lauren Baughman, Carmen Ledesma, Yasmin Mathlin, and Fay Tseng) as well as countless staff to round out the team.

Dr. Whitley and Dr. Cole are also helping us to grow our translational research program as well as opportunities for trainee research. Dr. Whitley took over the Assistant Program

Director for Trainee Research from Dr. Cardones when she left for the Chief of the Division of Dermatology at the University of Kansas Medical Center. Dr. Cole is our new Biobanking Director and will update our biobanking process with the institution-wide OneDukeBio Intergrated Biospecimen Network. We have also opened a clinical trials site at our South Durham clinic. Thanks to Dr. Annie Marano for launching our first study there. Our wet lab research continues its trajectory of success – please see Dr. Chuan Li's summary.

Our training program is also growing. Thanks to Dr. Erin Lesesky and Dr. Carrie Rao's work, we will grow our residency cohort to 16. We also have an APP trainee in pediatric dermatology, under Dr. Rabina Walsh's leadership. Please see our "Resident Corner" section where we interview Dr. Elaine Otchere about her experience as a Duke Dermatology resident. We are also launching a fundraising effort for teaching. Dr. John Murray has launched our teaching legacy fund to protect time for expert educators to spend time on bedside teaching. Please read about the details in our Development page and strongly consider making a donation to this cause.

The Equity Diversity and Inclusion efforts has new meaning when Dr. Sarah Wolfe was elevated from the Director to Vice Chair of EDI. With her inclusive attitude, a couple of medical assistants (Val Cypress and Vonyetta Crawford) started a new Diversity Champion program – one diversity champion per clinical site. We also published a cookbook with recipes from our department members, a brainchild of another one of our staff, Crystal Bailey. Read more about these new initiatives in our EDI page.

Dr. Navjeet Sidhu-Malik will be retiring from clinical service at Duke and the VA; we look forward to her new efforts in growing our alumni network. In addition to her piece in the newsletter, we are going to start a new section to highlight alumni. This may be a way to keep up with people that you knew "in the day". We will pick one alumnus to highlight for each newsletter and also want to publish short updates from alumni – since this is the 2022-23 newsletter, let us hear from the 2012-13, 2002-2003, 1992-1993, etc graduating classes.

These are some highlights from this past year. Please do enjoy reading the details in the newsletter. I hope that you stay in touch by visiting our website (dermatology.duke.edu), following us on social media (see back cover for our handles) and reaching out to us with any questions, ideas, or updates.

Sincerely yours,

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Suephy C. Chen

Chair, Department of Dermatology

#### **Education Corner**

by Erin Lesesky, MD; Amber Fresco, MD; and Melodi Javid Whitley, MD, Phd

Welcome to the Duke Dermatology Residency Education Corner! In this section, we will highlight different aspects of our residency program to keep you informed about current events, changes, and unique educational opportunities. We want to share the exciting news that we have been approved for a 16th resident. We are interviewing for this position and the 16th resident will start in July 2023. Our goal is to expand to 18 total residents once we can secure funding for these additional positions. In this issue, we will focus on our efforts to explore the humanities in dermatology.

This academic year, we partnered with the UNC Department of Dermatology to develop a program on the humanities in dermatology for which we borrowed the term "dermanities". Dr. Neil Prose, Professor of Pediatrics and Dermatology at Duke, and Dr. Jerry Lazarus, former Chief of Duke Dermatology and former Chair of the Department of Dermatology at



Resident Retreat at NC Museum of Art, February 2023

the University of Pennsylvania, have been instrumental in developing this program. We started the academic year with a Duke/UNC faculty and resident mixer organized by UNC featuring Laughter Yoga led by Dr. Prose in July 2022. Then in December 2022, we hosted a Duke/UNC Dermanities conference which started with the presentation and small group discussions of two patient cases that presented ethical dilemmas. These included how you would respond if a patient asks you if another physician made a mistake and how to approach the treatment of skin cancer in elderly patients near the end of life. After these thought-provoking discussions, we watched the film Keepers of the House, a documentary produced by Dr. Prose which highlights the ways in which hospital housekeepers provide emotional support for patients and their families. We ended the conference with a discussion on the lessons learned from this film. On February 1, 2023

we held a resident retreat at the NC Museum of Art where we worked on our visual acuity and descriptive language. Finally, we have invited Dr. John David Ike, a Duke internal medicine physician, to speak about the role of visual arts-based medical education in understanding the issues of social justice. He will deliver a talk entitled "From Observation"

to Empathy - The Evolution and Role of Visual Arts-based Training in Medical Education and Professional Development" at our April 19, 2023 Grand Rounds.

We are excited about further exploring the humanities in dermatology and plan to continue this program in the next academic year. We would love to hear your ideas for future events.



Erin Lesesky, MD Program Director



Amber Fresco, MD Assistant Program Director



Melodi Javid Whitley, MD, PhD Assistant Program Director of Research



Jessica Braddock, BS Education Coordinator



Laughter Yoga, July 2023

## Resident Highlight: Meet Dr. Elaine Otchere

Dr. Otchere, one of our third year residents recently shared with us her thoughts on becoming a dermatologist, her training at Duke, and a very fun fact about her.



#### Tell us about the road that brought you to Duke Dermatology.

Fortunately, as a first-year medical student, I was connected with an enthusiastic first-year dermatology resident who was looking for help on a research project. He was an excellent mentor and he made sure that I had early and substantial exposure to the field of dermatology. He connected me to many accomplished dermatologists, worked closely with me on multiple projects, and provided unparalleled support in all my academic endeavors. After visiting Duke Dermatology, I was confident that I would continue to receive the support that I needed from faculty members, staff, as well as my co-residents to thrive.

#### What inspired you to pursue a career in Medicine/Dermatology?

Prior to medical school, I had diverse work and volunteer experiences (both locally and abroad) that culminated into a deep appreciation for the science and art of medicine. While exploring different facets of medicine and developing crucial clinical skills essential for patient care during medical school, I appreciated the wide range of skin manifestations of systemic diseases and how integrated dermatology is with all other aspects of medicine.



#### Why Duke for your residency?

During both my interview day and second look visit at Duke, I had an amazing time getting to know the awesome Duke residents! The weather in North Carolina was also a bonus since I'm from the Midwest and I hate snow!



#### What has been the most satisfying aspect of your training at Duke?

The people! I absolutely love hanging out with co-residents outside of work and I truly enjoy learning from our wonderful faculty and staff members with diverse interests!

## What are some of the challenges you have found in your training? How have you addressed them?

The most difficult challenge that I faced during my training was losing a loved one during my first year. This was devastating, and I received amazing support from the Duke Dermatology community which I am incredibly grateful for. I spent time with family and friends, took advantage of a number of resources provided by Duke, and picked up new hobbies to help me through the grieving process.

#### What activities are you involved in outside the program?

Running, eating at new restaurants, weightlifting, flag football, softball, disc golf, tennis, traveling, fantasy football, and so much more!

#### What is next for you after completing your training?

I will be moving to Iowa City, IA to participate in the University of Iowa Micrographic Surgery and Dermatologic Oncology (Mohs) fellowship program! After, I will then be looking for a job in Austin, TX.

#### What is a fun fact that most people don't know about you?

In 2022, I ran at least 100 miles for each month of the year (total of 1233.51 miles). This was particularly difficult during my consult month. My favorite run was a 9-mile trail run in Forest Park in Portland, OR during my away rotation.

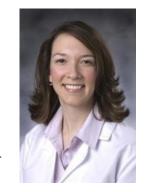


## **EDI Update**

by Sarah Wolfe, MD

Hello Duke Dermatology Alumni,

I'd like to share a few updates in efforts toward enhancing equity, diversity and inclusion at Duke Dermatology and to highlight one of our most longstanding community engagement efforts through the Dermatology Clinic at Lincoln Community Health Center. For the year in review, we have continued an initiative to hold grand rounds session trainings that include all Duke Dermatology staff on implicit bias and responding to



microaggressions. We are especially proud of the efforts of several of our clinic staff who created the Dermatology "DEI Champion" position. The role of the "DEI Champion", comprised currently of a medical assistant and the PSA role, includes functioning as a point person for discussion of DEI topics, acting as a sounding board for questions surrounding roles and belonging for new staff, promoting celebratory efforts during national diversity months, and introducing new hires to how we support anti-racism and a culture of belonging. Their efforts are incredibly helpful in embedding inclusivity and open discussion broadly within all elements our department.

Our residents and trainees have an ever expanding footprint in community outreach with kids from Durham Public Schools through Duke's [BOOST] program, [City of Medicine Academy], a science classroom at Brogden Middle School for English language learner students, the Boys and Girls Club, and Duke's [School Days] program.

## **Duke Dermatology EDI Committee**

Duke Dermatology EDI Committee continues to provide Duke Derm staff with the opportunity to learn about EDI issues and get involved in EDI initiatives. The Committee is led by Dr. Sarah Wolfe and there are now more than 50 members that participate regularly.

In the last year, the Committee's work has included:

- Dermatology Clinic twice a month at the Lincoln Community Health Center
- Celebratory messaging during Black History Month, Women's History Month, Asian American and Pacific Islander Heritage Month, Pride Month, Hispanic, Heritage Month, and Native American Heritage Month
- Community engagement through programs at City of Medicine Academy High School, BOOST and School Days
- Department-wide Grand Rounds focused on Implicit Bias, Bystander and Upstander Intervention, Cultural Humility
- Diaper Drives to benefit the Durham Drive Bank to commemorate Martin Luther King Day of Service
- DEI Champions at clinic sites
- Multicultural recipe book

The Committee meets three times a year and any member of Duke Dermatology is welcome to join.



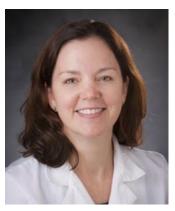
2023 Diaper Drive



Multicultural Recipe Book

## **Over 20 Years of Lincoln Dermatology**

by Sarah Wolfe, MD



Thank you Dr. Rao for your numerous years of dedicated service at Lincoln

Thanks to the initiative and ongoing dedication of Dr. Carrie Rao, bi-monthly volunteer Dermatology clinics at Lincoln Community Health Center have continued since 2002. Lincoln provides primary care services for patients who are largely uninsured or underinsured and has historical ties to Lincoln Hospital, founded to serve Durham's African American population and closed in 1976 with the opening of Durham County General Hospital (later Durham Regional Hospital). Duke Dermatology is one of only 2 subspecialties that hold clinics onsite at Lincoln allowing for close collaboration with onsite clinicians and familiar access points for patients. For many of you alumni, the Lincoln Dermatology Clinic experience for our first-year residents provides some of the same learning opportunities now that it did in the past: navigating medication access in a low resource setting, developing communication skills with non-English speakers, and recognition of the social barriers that impede access to care.

Newer to the Lincoln Dermatology Clinic in the past few years is the role of telehealth through e-consults to facilitate timely care for patients and to prioritize which patients need in-person visits. Lincoln Dermatology Clinic continues to provide an invaluable opportunity for our residents to learn about providing care for our community members with the greatest needs.



Duke first year residents in our modified work room at Lincoln



For more info about the history of Lincoln, visit: https://duke.is/v3fc3 https://duke.is/7m5rc

## Remembering a Colleague

We are sad to report the passing of Carolyn Betts on January 13, 2023. Carolyn served as a dermatology nurse for many years in our department and was appreciated and respected by all of us who had the opportunity to work side by side with her in our clinics. She was also loved by her patients, including the many whom she cared for regularly in our phototherapy unit. Carolyn's devotion to her work and her warmth and humanity remain an inspiration to those of us who knew her over all of those years.



## **Clinical Operations Update**

by Matilda Nicholas, MD

Lots happening on the clinical operations front—2023/24 is shaping up to be one of the busiest yet for Duke Dermatology!

First, a big congratulations and thank you to our operations team for a successful JHACO inspection. We are very grateful for your hard work!

Next, our newest clinic—1st floor Patterson Place—opened Feb 27th! We are so excited that this new space will allow us to grow both our adult and family dermatology practices at Patterson Place. As part of the transition, Dr. Pipkin stepped down after many years of service as the medical director of adult dermatology at Patterson Place and Dr. Jamison will be stepping into that role. Dr. Pipkin, many, many thanks for your years of service in the role of medical director! Dr. Jamison, welcome to your new role and we are so excited for your leadership! We are also thrilled to welcome to our Patterson Place site Dr. Whitley as our new transplant dermatologist, and our medical director for pediatric dermatology, Dr. Daniela Kroshinsky, who will be joining family practice as well as inpatient dermatology.

In April, we hope to open our newest site—Duke Dermatology at Dawson Hall. This beautiful new clinic in north Chapel Hill is nearby other Duke practices and will be a new space to house the Duke Dermatology Laser Center, cosmetic dermatology, and general and medical dermatology practices as well. It will be a staged opening, with the laser and cosmetics side opening before the general



Dawson Hall Clinic to open in April 2023

and medical dermatology side. We will be offering cutting edge treatments for both cosmetic and medical indications and we can't wait to welcome everyone there! Joining us will be some existing clinicians moving or expanding their practices, as well as Dr. Darren Simkin and Dr. Emma Fixsen who we are excited to welcome to Duke Dermatology in the fall.

As we continue to grow, we want to make sure we support dermatologists and other sub specialists in the community. We welcome referrals to our specialty clinics such as cutaneous lymphoma, immunodermatology (including connective tissue diseases and blistering disorders), melanoma, and high risk cutaneous oncology. Fax referrals to 919-479-2670 if we can ever help!



## **Duke Dermatology CRU Update**

by Kristy Averette MSN, RN, CCRP

The past year has been one of great growth for the Duke Dermatology Clinical Research Unit (CRU). The CRU successfully opened up a new Clinical Research Site at our Duke

South Durham location, which is a huge step towards offering clinical trials to all of our patients and the ability to have more faculty engaged in clinical research. This was a significant project, only made possible by the amazing teamwork and alignment between the clinical and research teams in the department.

A highly knowledgeable and efficient team of research staff was formed over the past year, truly expanding the research options for our faculty. Within the CRU team there are 3 nurses, a certified medical assistant, as well as a Spanish translator. On November 3rd the team celebrated the first patient screened at the new Duke South Durham site (picture below).



Pictured left to right: Sindy Soriano, Jessica Oxendine, Erin Campo, Kristy Averette, Connor Whatley

During the past year, we have conducted therapeutic trials for Hidradenitis Suppurativa (Dr. Tara Jaleel), Pemphigus (Dr. Russell Hall), Gorlin Syndrome (Dr. Meenal Kheterpal), Active Discoid and/or Subacute Cutaneous Lupus Erythematosus (Dr. Anne Marano), Advanced Cutaneous Malignancies in solid organ transplant patients (Dr. Meenal Kheterpal).

We currently have trials in the startup phase for Advanced Solid Tumors with PTCH1 loss of function mutation (Dr. Meenal Kheterpal), Active Subacute Cutaneous Lupus Erythematosus and/or Chronic Cutaneous Lupus Erythematosus (Dr. Anne Marano), Bullous Pemphigoid (Dr. Russell Hall), and 3 trials for moderate to severe Atopic Dermatitis for both adults and adolescents (Dr. Sarah Blanchard and Dr. Meenal Kheterpal).

#### **2022 Streicher Award Winners**

The Streicher Award, established in 2004 in honor of Mike Streicher - a former Duke Derm's Business Manager - recognizes those members of the department the provide "Exceptional Service to our Patients, Providers, and Support Team. Check out all our Streicher Award winners at https://duke.is/nk3p8.

#### **July 2022**



Dina Bryant CN 3J Clinic



Takena Lawson CMA 3K Clinic



Congratulations!

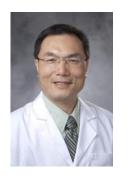
#### December 2022



Crystal Bailey CMA Patterson Place Clinic



Julie Underwood Lab Research Analyst Lechler Lab



## **Research Update**

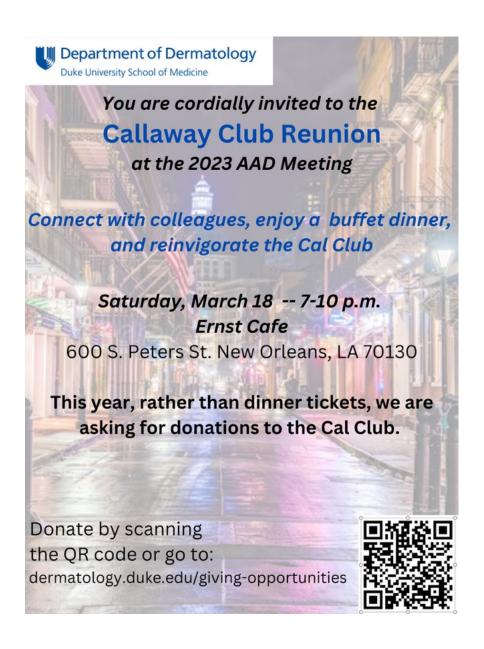
by Chuan-Yuan Li, DSC

Dr. Chuan-Yuan Li's research focuses on identifying novel molecular targets and pathways that can enhance cancer treatment by mobilizing the body's immune system.

Recently, Dr. Dong Pan, a postdoctoral fellow in the Li lab, discovered that inhibition of SETDB1, a protein essential in ensuring the inactive part of the human genome stays quiet, led to the

activation of endogenous retroviruses (ERVs). Activation of ERVs, normally harmless and have remained with us since ancient times, led to the induction type I interferons, our cell's first line of defense against viral infections. Dr. Pan further showed in mouse tumor models that type I interferon activation could synergize with radiotherapy, which is used in more than 50% of all cancer patients.

## **Looking Forward to Seeing You in New Orleans!**





## **Teledermatology Update**

by Meenal Kheterpal, MD

Our Telederm clinic continues to grow and thrive. We are extremely pleased with how this service has provided us with another avenue to advance our mission of caring for our patients. Thanks to Telederm, new patients can be seen in under four weeks, helping meet the demand of Duke primary care, Duke urgent care, and the emergency room. Telederm also has the advantage of making the visits more efficient: the virtual care staff groom the patient and make sure that their

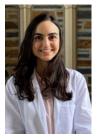
technology is operational. These factors help us provide timely care to all our patients – adult and pediatric – even if they are new to our clinic.

Besides improving access and efficiency of visits, our Telederm service has helped us increase our community outreach efforts. With the help of our residents we are now able to provide Telederm services to patients at the Lincoln clinic, where we offer pro-bono care and our residents expand their experience caring for underprivileged members of the community.

\*\*\*ACCESS EXPANSION IN 2022\*\*\*
21/28 DPC clinics LIVE
8/8 Peds clinics (4 DPC, 2 PDC) LIVE
3/10 DPC Urgent Cares LIVE
DUH ED LIVE

- Patient satisfaction scores: 94.6% reported "Agree/Strongly Agree" that TD met their clinical goals
- Avg downstream in person derm appt post TD: 19.5 days (Future tracking to distinguish rash vs. lesion consult)

#### **Meet Our Fellows**



Negar Foolad, MD Skin of Color Fellow

Dr. Foolad was born and raised in Northern California. After high school, she attended UC Berkeley where she majored in integrative biology and minored in music. She decided to pursue her master's in nutrition and had a wonderful career in dermatology clinical trials where she focused on the skin barrier function in atopic dermatitis and acne. She attended medical school at University of California, Davis. She completed her intern year in general surgery and moved across the country to start an exciting skin of color research fellowship at Duke!



Alexandra Smith, MSN, RN, CPNP-PC Advance Practice Fellow in Pediatric Dermatology

Alexandra grew up outside of Philadelphia, PA. For college, she started off at Bowdoin College, in Brunswick, Maine. She transferred out to college in southern California to complete her BA, where she majored in fine arts with a focus in photography. She moved to Nashville, TN with her husband while he was in medical school at Vanderbilt, where she volunteered at the Children's Hospital and nannied full time while applying to NP programs. After being accepted into Vanderbilt's pediatric program, Alexandra stayed there for the duration of her program before moving to Boston, Massachusetts. Alexandra and her family lived in Boston for 6 years, and she worked in pediatric primary care in both a private practice setting as well as a community health setting. She made contacts at Boston Children's hospital with a pediatric dermatologist and spent time with her in her outpatient cases at both CHB and a community health clinic for an underserved population on a monthly basis. Alexandra and her family left Boston due to her husband's fellowship position in San Diego. While the initial plan was to stay out west, her husband was then offered an opportunity at UNC which he couldn't refuse. They moved at the height of the COVID-19 pandemic, and since getting into the field of pediatric dermatology has always been her goal, she was very excited when this fellowship opportunity evolved.

## The Legacy Dermatology Teaching Fund

Duke Dermatology has a long and distinguished tradition of offering one of the best Dermatology training programs in the country. Our integrated approach to training involves, among others, a broad clinical experience, a comprehensive knowledge of dermatopathology, exposure to active dermatologic investigation in laboratory and clinical research, and the development of communication and professionalism skills. Our faculty's commitment to teaching and mentoring our trainees is at the core of our program's success. Although we are very proud of the success of our training program and because we want to continue being one of the best training programs, we are constantly striving to make it even better. We know that investing in our faculty is one of the best ways to reach that goal and the Legacy Dermatology Teaching Fund is one of the tools we plan to utilize to advance our teaching mission.

The Legacy Dermatology Teaching Fund was established in 2022 thanks to the generosity of Dr. John Murray, a member of our faculty for more than four decades. Distributions from this restricted endowment fund will provide one or more annual awards to faculty members who best display dedication to, and excellence in the teaching of residents, fellows, and others. Through the fund Duke Dermatology will have the ability to reward faculty for their outstanding work training our residents by allowing them to protect time from clinical duties to focus on teaching. The Legacy Dermatology Teaching Fund emphasizes that education is a priority for our department equal to those activities that generate revenue.

We encourage our Alumni and Friends to help us meet the minimum of \$300,000 investment needed to establish this endowed fund. Once fully funded, it will become a permanent endowment which will ensure a source of funding in perpetuity. By supporting the Legacy Dermatology Teaching Fund, you can help us recognize the faculty whose dedication to and excellence in teaching greatly contribute to our continued success. Please see below the options for making your gift. And THANK YOU for your generosity!

## **Donate to the Dermatology Teaching Fund**

Scan the QR Code below

Go to our website

Mail your contribution



https://duke.is/pd327

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Alumni & Development
Records
Box 90581
Durham, NC 27708-0581

For more information about giving to Duke Dermatology, please contact **Greg Bolwell**Development Officer for Duke Dermatology

919-385-0059 gregory.bolwell@duke.edu

## **Alumni Highlight: Dr. Vikas Patel**

Dr. Vikas Patel completed his Dermatology residency at Duke in 2004. Immediately after finishing residency, he moved to Washington, D.C. and worked at a practice both in downtown and in Northern Virginia. He practiced in the Washington DC area until 2009 when he moved back to the Triangle to start North Carolina Dermatology Associates in Raleigh, NC. The practice focuses mostly on general, medical and surgical dermatology practice with some cosmetic dermatology. Outside, of his practice responsibilities, he is currently serving as President of the Duke University Alumni Board of Directors. In addition, he also serves on the Duke University Board of Trustees.



Dr. Patel made time to talk with Duke Derm about his experience as a resident and his role in Alumni engagement.

dermatology with very little to

no gaps."

## What made you choose Dermatology as your career path?

In 1996, during my senior year at Duke, I took a medicine and photography documentary class. I had a wonderful experience and did a photo documentary project with Dr. Henry Friedman at the Duke Brain Tumor Center. I was lucky enough to get into Duke Med and matriculated the next year. In medical school I worked at the Brain Tumor Center and had an incredible mentor in Henry, and thought I was going to do Pediatric Neuro-Oncology because he was such a huge presence in my life and such an incredible mentor. During my third year at Duke Med, I worked in a lab with the Brain Tumor Center.

However, I started having some doubts on whether or not Pediatric Neuro
"We got a really wide exposure to

on whether or not Pediatric Neuro-Oncology was my calling. It was at that time I decided to explore a few other fields and I reached out to Claude (Skip) Burton about wanting to learn more about

dermatology. He offered for me to come to his clinic and since I had the flexibility during my research year, I went to Skip's clinic weekly and just fell in love with it. I quickly realized that dermatology was a perfect combination of many different fields within medicine: internal medicine, surgery, pediatrics, pathology, etc. Within a day, you can wear all of those hats and I loved that variety. Skip also encouraged me to reach out to Sarah Myers to see general dermatology since Skip's clinic was focused on lasers. After this experience, I knew I had found my calling.

#### What was the best part of training at Duke Derm?

The best part of training at Duke Dermatology was the how balanced it was. We had such great exposure to all those subs-peciality within dermatology: immunobullous dermatology - Dr. (Russell) Hall's clinic; hair clinic and CTCL clinic -Dr. (Elise) Olsen; pediatrics -

- Dr. (Neil) Prose; Mohs - Dr. (Jonathan) Cook; general dermatology; and the exposure of a busy VA clinic. We got a really wide exposure to dermatology with very little to no gaps. When I interviewed at other places for residency, I saw that there were gaps in their training. I was just so appreciative that I was able to match at Duke, a place that is near and dear to my heart. I love that I had the continuity of being a student for eight years and then continuing on for another three years. It was just an incredible opportunity, but more so, it was the community that Duke Dermatology had with incredible faculty members and fellow residents.

## Who is somebody that stands out as a mentor during your time as a resident?

Dr. (Russell) Hall was great! He was that Chairman who really wanted to make sure that every single one of his resident succeeded. But during my second year of residency, Dr. (Navjeet) Sidhu-Malik joined the faculty with whom I really connected. She became

a mentor at a whole different level and we continue to be close to this day. Dr. Malik was great in that she brought a different perspective that other faculty members did not have. Dr. Malik had worked in academics at the University of Virginia, but she had also had worked at private practice. I did not know which way my career would go, whether to stay in academic dermatology or do private practice dermatology. Dr. Malik just gave me a perspective of other opportunities and I appreciated the different viewpoint that she brought in.

## How do you envision your continued engagement with Duke Derm?

To answer this question, I want to go back a little bit and talk about some of my non-dermatology work and how I got into that. I've always been involved with the Duke Alumni Association in some fashion, whether helping out with my medical school reunions, being part of of the Alumni Admissions Advisory Committee, where alumni do interviews

of high school students who are applying to Duke University, and interacting with faculty members that I knew from when I was an undergraduate.

And so fast forward, to my move back to North Carolina in 2009: I started a practice and had twin girls. Things were busy! My life except for the practice and family was placed on hold. I got away from some of the other stuff that I've always enjoyed doing, and that's giving back through community service and being involved with Duke. In 2016, I had the opportunity to join two boards: I joined the Triangle Leukemia and Lymphoma Society Board as a trustee and spent six years on that board.

In addition, I also got named to the Duke Alumni Board of Directors. It's comprised of about 50 individuals from across the country and the world. The Duke Alumni Board of Directors is an advisory board to the Duke Alumni Association (now Duke Alumni Engagement and Development). Our goal is to connect our alumni with each other and the greater Duke community with the purpose to create opportunities to learn and share knowledge. It was just a great experience being able to work collaboratively in a very different way than what I do as a dermatologist. On July 1, 2022, I started my two year tenure as President of the Duke Alumni Board of Directors. I describe my job as President as representing 190,000 Duke alumni, undergraduate, graduate, professional school graduates as well as the house staff.

How do we engage our alumni meaningfully with the university? In 2017, Duke named Dr. Vincent Price as its new president. President Price has a strategic framework describing his priorities and goals: Empower the Boldest Thinkers; Transform Teaching and Learning; Renew our Campus Community, Partner with Purpose and Engage our Global Network. The last priority was one that the board of trustees spent a full year looking at what activating the global network should look like. The major findings of that year long task force was two major focus areas: lifelong learning and careers & mentorship. Very few universities have a president that focuses on the importance of alumni to the primary mission of the university. It's actually pretty incredible, if you think about it, and I think a wonderful opportunity for all the campus partners to really think about what that means.

In my eyes, what alumni engagement means for Duke Dermatology should be lifelong learning and how does Duke Dermatology provide learning opportunities to their alumni. I also think that it needs to go the other way around as well. What can alumni bring to the educational process of Duke Dermatology and to its residents? Our graduates, regardless of whether they are practicing dermatology or in industry or doing something else, have knowledge that they can bring and impart to the residents. The second way in which one can engage is to serve as a mentor or a resource for alternative career pathways.

## What advise do you have for current trainees and students considering a career in Dermatology?

Take advantage of every single moment of your residency; It goes by really, really fast. Appreciate what the faculty members bring to the table; they are such an incredible source of knowledge, not just from dermatology, but from experience and life. We know the primary role of resident is to learn dermatology, but there's so much other knowledge that the faculty members have. Get to know them on a different level, not just as your attending physician. Really get to know them as a person because, these individuals are educators; they're part of Duke because they have chosen to practice in an academic setting. Don't underestimate how important and how willing many of the faculty members are.

Finally, Durham is an incredible place. It's very different than when I first arrived in 1992. Durham is home to Duke University and Durham is an incredibly diverse community. Go out explore the city and the area and give back to the community.

## Are you a Duke Derm Alumn? Share your updates with us!

- Email us at duderm@duke.edu
- Scan the QR Code below to submit updates



### An Update on Dr. Prose

Dear friends and colleagues,

As you may have heard, I retired at the end of last year....but not really. I no longer see patients in our pediatric dermatology clinic, but continue to be active in the pediatric inpatient consult service, resident teaching, teaching a Duke undergraduate freshman seminar, and a variety of research projects both here and abroad.

in

Things have certainly changed. When I arrived at Duke in 1989, there was one pediatric dermatology session a week, led by Marty Gagliano, a wonderfully knowledgeable pediatrician with an interest in skin disorders. At the time, we were located in the pediatric subspecialty clinic in the subbasement of the Orange Zone. Over subsequent years, we expanded into additional space, and our capacity for caring for children and adolescents grew. During the Orange Zone basement and 3K years, I have particularly fond memories of Caroline Betts and Mary Taybron, our loyal nurses, and Deborah Ladd, our most amazing secretary.

Of course, we are now all at Patterson Place, in a larger and busier practice than I could have imagined those many years ago. I have to say that I will all of the daily interactions with our dedicated dermatologists (Jane Bellet, Rabina Walsh, Sarah Blanchard) our Physician's Assistant (Mary Sheldon Beckwith) and the most spectacular group of nurses (Amari Stokes, Kelly Jordan, Allison Smith, Tiffany Anderson, Stacy Slade, Stephanie Rose), front desk staff (Monya Norwood, Jessica Chambers, Alexa Richardson) and cleaning staff (Emelina Umaňa) that was ever assembled in one clinic. I feel deeply grateful for having had the opportunity to interact with all of the residents over the years and to care for so many remarkable children and their families. Despite all of the difficulties of COVID, and the ongoing challenge of dealing with deepening health care disparity, we are all very fortunate to be able to do the work that we do. Thanks to all of you for all of your support!

All best wishes, Neil Prose

## **Cultural Humility Workshop**

Last April the entire Duke Derm department came together to participate in a Cultural Humility Symposium. Sponsored by the Pinnell Center, the Symposium offered a space for all members of the department to learn about the role or race in Medicine and to have a productive discussion on Cultural Humility. The workshop featured presentations on race in Medicine by Dr. Andrea Deyrup (Duke) and Dr. Joseph Graves (NC A&T). Duke Derm's Dr. Neil Prose, Dr. Suephy Chen, and Dr. Sarah Wolfe led the Cultural Humility portion of the workshop, providing attendees with a safe space to learn and to share.

The Cultural Humility Workshop is a continuation of Duke Derm's commitment to EDI initiatives that complement our mission of Teaching, Investigating and Caring.



## **Meet Our New Faculty**

Four new Faculty members have joined Duke Dermatology in the last year:



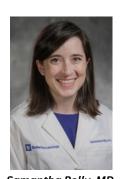
Bahar Bahrani, MD

Dr. Bahrani grew up in a Saskatoon, which is a very cold but lovely city in Canada where the temperatures can get up to -20 to -40 Fahrenheit in the winter time! She completed medical school in her home city at the University of Saskatchewan. She then moved to Toronto and did her dermatology residency at the University of Toronto. Upon finishing her residency, Dr. Bahrani moved to beautiful Vancouver, British Columbia where she became reunited with her now husband after several years of long-distance relationship. In Vancouver, Dr. Bahrani was a clinical instructor in the Department of Dermatology and Skin Science at the University of British Columbia. She worked part-time at St. Paul's Hospital, which is one the major teaching hospitals in Vancouver. In this position she worked in the Urgent Care Dermatology Clinic and Phototherapy Clinic. She also worked in the community as a dermatologist in the Vancouver area seeing a wide range of pathologies and complex medical dermatology.



Emily Cole, MD, MPH

Dr. Cole grew up in Missouri but moved around a bit for school (undergrad at Brown, MPH at Yale, then back to Mizzou for medical school). She ended up at Emory in Atlanta for Derm residency followed by a fellowship in Complex Medical Dermatology with Drs. Ron Feldman and Suephy Chen with a focus on immunobullous disease and itch. After training she joined faculty at Emory University which is where she worked until she moved to Durham!



Samantha Polly, MD

Dr. Polly grew up in Memphis, Tennessee and went away to Bowdoin College in Maine for undergrad. She came home for medical school at the University of Tennessee, and she and her husband then couples matched in Cleveland, Ohio. She completed her residency at Case Western Reserve University School of Medicine / University Hospitals Cleveland Medical Center, and then convinced her husband to brave one more winter so she could complete a complex medical dermatology fellowship at Cleveland Clinic. Dr. Polly feels fortunate to have both a brother and sister who live in the Durham area as well as a few nieces and nephews, and she and her husband are very excited about living close to family for the first time in too long!



Melodi Javid Whitley, MD, PhD

Dr. Whitley grew up in Rockville, Maryland and completed her undergraduate studies at the University of Maryland, College Park where she received a BS in Biochemistry and BA in Spanish Language and Literature. Her journey at Duke started when she matriculated in the Medical Scientist Training Program in 2009. She graduated in 2017 with her MD and a PhD in Molecular Cancer Biology. She continued her training at Duke where she did an internship in internal medicine and residency in Dermatology, serving as Chief Resident in her final year. Following residency, she took an amazing opportunity to establish a Transplant Dermatology clinic at the University of Nebraska Medical Center in Omaha, NE. She is now returning back "home" to continue her work in Transplant Dermatology at Duke.

#### **Meet Our New APPs**

Four new APPs have joined Duke Dermatology in the last year:



Lauren Baughman, NP

Lauren grew up near Rochester, NY and the Finger Lakes region. She completed her RN and NP training through a few different State Universities of New York. She completed a 2 year dermatology NP fellowship through the University of Rochester and had been working for University of Rochester for the last 5 years (2.5 as an RN, 2.5 as a NP in dermatology) before coming to Duke.



Carmen Ledesma, PA

Carmen was born in Lima, Peru and grew up in Miami, Florida so she speaks Spanish fluently. She went to the University of Miami in Coral Gables, FL, (She roots for the Canes), and received her Bachelor's of Science in Biology. She completed her Physician Assistant Studies at Miami Dade College in Miami and obtained her Master's in Medical Science from Saint Francis University in Pennsylvania. Prior to joining Duke, she worked in the private sector as a Dermatology PA in South Florida and was also a Sub-Investigator for Clinical Trials.



Yasmin Mathlin, DNP

Yasmin comes from a military family, so she spent time overseas in Okinawa, Japan and Fayetteville, NC. She received her BS in Biology with a minor in Chemistry from the University of North Carolina-Chapel Hill. She received her medical degree from Medical University of the Americas in Nevis. She received her BSN and MSN from Florida International University in Miami, FL and her doctorate in nursing from the University of South Florida in Tampa, FL. Before joining Duke Dermatology, she worked in various practices in South Florida.



Hui "Fay" Tseng, FNP-BC

Fay grew up in a city just outside of New Orleans called Kenner. Anyone who has ever flown in/out of the New Orleans airport has been to Kenner. She went to undergrad at Texas A&M and eventually made her way to the northeast and attended Columbia University for her BS and MS in nursing. Right after school she was lucky enough to work in a large dermatology practice in New Jersey. Fast forward several years later and she relocated to Raleigh and spent the past three years at a private dermatology practice in Cary.

## **Meet Our DEI Champions**

At Duke Derm equality, diversity and inclusion are one of the one of the pillars of our mission. Making sure that all – staff, providers, trainees, and patients – feel welcome and respected is one of our top priorities. Out of this commitment to EDI, several members of our staff worked on developing the DEI Champions role. DEI Champions are individuals who work towards Integrating EDI into care and interactions at our clinics. The Role is designed to engage peers and new hires to further EDI efforts and nurturing belonging and inclusivity within our clinics.



Tiffany Anderson CMA Patterson Place



Crystal Bailey CMA Patterson Place



Caitlin Haith CN South Durham



Vonyetta Crawford PSA Lightner Dermatology



Valerie Cypress CMA 3K

All our DEI Champions are good listeners; they are approachable and they make themselves available to provide support and further our DEI initiatives. As part of their regular activities, DEI Champions assist with the on-boarding of new staff, sharing goals of inclusion and support for diversity and anti-racism. They are also the point of contact for questions or concerns about improving our environment of inclusion; they provide monthly updates at staff meetings on DEI issues and initiatives and collaborate on diversity celebrations and outreach. In addition, they share ideas and concerns with leadership. Duke Derm is extremely lucky to have staff members that are passionate about DEI and that have great initiative to bring to life this important role.

## **Looking Forward to Seeing You in New Orleans!**



## Starting a New Chapter After Duke Dermatology

by Navjeet Sidhu-Malik, MD

I have been asked to create a story line about my Duke lineage as I have retired from Duke and the VA and I look forward to contributing to the department to engage the many alumni of Duke Dermatology. I will start with noting that since my first interaction with the Department as a Duke Medical student in 1985, and then as a resident from 1989-1992, and now as faculty since 2002, I am honored to know so many who are part of the Duke family. We are a small and connected community.



As a medical student I was able to work with Dr. Callaway in clinic. I went to the University of Pennsylvania for my residency in Internal Medicine and discovered that Dermatology was my career passion and after my internship, I was able to work in the lab group of Dr. Lazarus as a research fellow (I am certain he hired me because of my Duke connection). I returned to Duke for my Dermatology residency and Dr. Pinnell was my chair. Dr. Hall recruited me to return to Duke and the VA and I was Chief of the VA service for 10 years along with being residency program director for 5 years. I have been able to work with Dr. Chen prior to my retirement. I have been able to work with every Duke Dermatology Chief/Chair.

I am grateful for my career and ability to care for patients, make differences in patient outcomes, work with dear colleagues (many of whom are also dear friends), and most of all, to have been a mentor for 30 years of trainees and a new generation of Dermatologists. I look forward to being in touch with all who are part of the Duke Dermatology family, and to working with the department to connect with alumni, so that we can continue the legacy of Dermatology at Duke.

If you want to connect or have news and updates on your professional/personal lives and happenings, please e-mail me at: navjeet.sidhumalik@duke.edu.

Warmly,

Navjeet



#### Come See Us in New Orleans!

**Duke/UNC Reunion** 

Friday, March 17 5:30 - 7:30 PM

HILTON NEW ORLEANS
RIVERSIDE HOTEL
Magazine Room

**Callaway Club Reunion** 

Saturday, March 18 7:00 - 10:00 PM

ERNST CAFE 600 S. Peters St. New Orleans, LA 70130

## The Pinnell Symposium is Back!

Fall 2022 saw the return of the Pinnell Symposium at Duke Derm. After a 3 year hiatus, we gathered at DUMC for a day packed with lectures from guest speakers and our own Duke Derm colleagues.

Guest speakers included Elizabeth A. Grice, Brian S. Kim, and Anthony Oro. Tara Jaleel, Meenal Kheterpal, Terry Lechler, Chuan-Yuan Li, Elise Olsen, and Jennifer Zhang, from Duke Dermatology, also presented at the symposium.

In addition to the research presentations, we had interspersed throughout the day several celebratory moments that allowed us to look back at Duke Derm over the years and that reminded us of the rich history of our Department. Thank you to Lowell Goldsmith, Russell Hall, and Gerald Lazarus for sharing their memories of Duke Derm with us.



2022 Pinnell Symposium Guest Speakers

The day ended with a Homecoming celebration for the entire Department at the Washington Duke Inn and Golf Club.

Planning is currently underway for the 2023 meeting, scheduled for Friday, October 27 at DUMC. Stay tuned for details in the coming weeks.



2022 Homecoming celebration



2022 Homecoming celebration

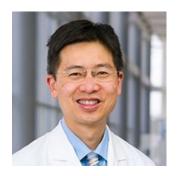


2022 Homecoming celebration

# Save the Date! 2023 Pinnell Symposium FRIDAY OCTOBER 27

Stay tuned for details

## 2023 Pinnell Center Visiting Professor April 13, 2023



Benjamin Chong, MD, MSCS Associate Professor Department of Dermatology University of Texas Southwestern Medical Center

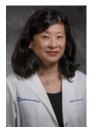




Our new clinic at Patterson Place opened on February 27. Thanks to everyone for all their hard work!



Dr. Kimberly Breglio was granted a Resident QI Award from AAD for her upstander training project.



Dr. Suephy Chen's "Pruritus assessment tools for 6 to 7-year-old children: KidsltchyQoL and ItchyQuantr" – published in Pediatric Dermatology – is one of the top cited papers.



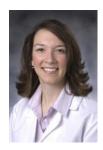
Our CRU is now screening for clinical trials at Duke South Durham Clinic. More of our patients now have access to clinical trials. Thanks to all faculty and staff that made it possible.



Dr. Tarannum Jaleel was named BIRCWH (Building Interdisciplinary Research Careers in Women's Health) Scholar in 2022.



Our awesome residents and students received 3rd Place and 1st Place poster at the 2022 NCDA Summer Meeting.



Dr. Sarah Wolfe published "Proliferation of Steatocystomas in Two Transgender Men."



Dr. Elaine Otchere won a grant for her work on a novel technology to prevent wrongsite surgery. She was one of just 4 recipients of the ASDS Early Career Innovation grant.



Dr. Christopher Stamey received the 2022 J. Lamar Callaway Faculty Teaching Award.



Dr. Terry Lechler received the 2022 Career Mentoring Award in Basic - Translational Science. The Research Mentoring Award recognizes faculty members in the School of Medicine for excellence in research mentoring.



Dr. Larissa Rodriguez-Homs received 2nd place for the Dermatitis article of the year - "Allergen Content of Best-Selling Ethnic Versus Non-Ethnic Shampoos, Conditioners, and Styling Products."



Dr. Drew Emge received the Carla Sparkler Research Scholarship Young Investigator Award.



40 Duke Medical Circle Box 3135 DUMC Durham, NC 27710









# **Duke Dermatology**